

Sonntagsklassen Juni & Juli 2021

DATUM	ORT	ZEIT	KLASSE	LEVEL/ SPRACHE	LEHRER/IN
6. Juni	St. Johann	11:00- 12:30	Summer Breeze Hatha & Meditation	1 D	Anika
	Innenstadt	17:00- 18:15	Pitta Balance Slow Vinyasa	1-2 D	Anika
13. Juni	St. Johann	11:00- 12:30	Exchange Slow Vinyasa	1 E	Charlotte
	Innenstadt	17:00- 18:15	Yin & Yang Vinyasa & Yin	1-2 D	Rahel
20. Juni	St. Johann	11:00- 12:30	Body Flow Vinyasa	1-2 D	Tina
	Innenstadt	17:00- 18:15	Samana Hatha & Meditation	1 E	Pia
27. Juni	St. Johann	11:00- 12:30	Soft Ground Yin	1 E	Charlotte
	Innenstadt	17:00- 18:15	Twist It Out Hatha	1 D	Nora
4. Juli	St. Johann	11:00- 12:30	Power Yoga Slow Vinyasa	1-2 E	Anika
	Innenstadt	17:00- 18:15	The Art of Stillness Yin & Meditation	1 D	Camilla
11. Juli	St. Johann	11:00- 12:30	Anahata Slow Vinyasa & Yin	1-2 D	Nora
	Innenstadt	17:00- 18:15	Emotions Vinyasa	1-2 D	Tina
18. Juli	St. Johann	11:00- 12:30	Find Your Balance Vinyasa	1-2 D	Elena
	Innenstadt	17:00- 18:15	Ahimsa - Kindness Slow Vinyasa	1 E	Pia
25. Juli	St. Johann	11:00- 12:30	Bright Mind Slow Vinyasa & Pranayama	1 E	Sibylle
	Innenstadt	17:00- 18:15	Embrace Yourself Vinyasa	1-2 D	Rahel